



MARTINSTOWN LODGE
A PROFESSIONAL HAVEN FOR YOUR DEVELOPMENT

Leadership Development



Work with our horses
on the ground in a
very dynamic,
innovative and
impactful way

WHAT IS IT ALL ABOUT?

This programme is one of real play, not role play, where we work with horses on the ground in a very dynamic, innovative and impactful way. This learning is proven to be highly effective and will provide invaluable learning to help you build on your skills as a leader.

NO HORSE EXPERIENCE IS REQUIRED AND NO HORSE RIDING IS INVOLVED

CONNECT WITH US



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Martinstown Lodge,
Athboy, Co Meath C15 HR13 Ireland





“When we are no longer able to change a situation,
we are challenged to change ourselves.”

VIKTOR E. FRANKL
MAN'S SEARCH FOR MEANING

WHAT OUTCOMES CAN I EXPECT?

Our innovative leadership development programme delivers tangible and sustainable results. A unique experience that is proven to have a longer-term impact on recall and learning. The workshops are designed to

- ★ provide deep insight and an increased awareness of your leadership style
- ★ improve your communication skills
- ★ provide an opportunity to refocus on your goals
- ★ build trust and respect
- ★ guaranteed fun, relaxation and powerful learning experience, a talking point for years to come!

WHY HORSES?

- ★ evolved over 80 million years horses are highly effective teachers of authentic and compassionate leadership
- ★ mirroring how we communicate, they provide immediate honest non-judgemental feedback
- ★ horses will let you know if your behaviour is delivering on your preferred outcomes
- ★ spending time with our horses in the countryside has an inspirational effect and accelerates learning

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