



MARTINSTOWN LODGE
A PROFESSIONAL HAVEN FOR YOUR DEVELOPMENT

Team Development



**Work as a team with
our horses on the
ground in a very
dynamic, innovative
and impactful way.**

WHAT IS IT ALL ABOUT?

This workshop is for you if you want some time away from the office space to develop high performing and resilient teams. We have developed bespoke workshops based on real play, not role play! We work with horses on the ground in a very dynamic, innovative and impactful way. Horses naturally work as part of a team. You will work with them during this workshop to further develop and enhance your skills as a team. This form of learning is proven to be highly effective and will help you not only reconnect but also realise your potential as a team.

**NO HORSE EXPERIENCE IS REQUIRED AND NO
HORSE RIDING IS INVOLVED**

CONNECT WITH US



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Martinstown Lodge,
Athboy, Co Meath C15 HR13 Ireland





It will challenge you, in a safe and non-judgemental way, to get out of your comfort zone & gain valuable learning as a team

WHAT OUTCOMES CAN I EXPECT?

Our team development delivers tangible and sustainable results. A unique experience that is proven to have a longer-term impact on recall and learning is completely translatable into the workplace. It also some time away from the norm, acting as a circuit breaker from your daily stresses. It will challenge you, in a safe and non-judgemental way, to get out of your comfort zone. The workshops will deliver on multiple outcomes including:

- ★ **increased understanding of your role within a team**
- ★ **improved effective communication skills within the team**
- ★ **working better as a team, building trust and respect**
- ★ **guaranteed fun, relaxation and powerful learning experience, a talking point for years to come!**

WHY HORSES?

- ★ **horses have evolved over the last 80 million years as highly effective teachers of authentic and compassionate leadership.**
- ★ **mirroring how we communicate, they provide immediate honest non-judgemental feedback**
- ★ **horses will let you know if your behaviour is delivering on your preferred outcomes**
- ★ **spending time with our horses in the countryside has an inspirational effect and accelerates learning**

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